

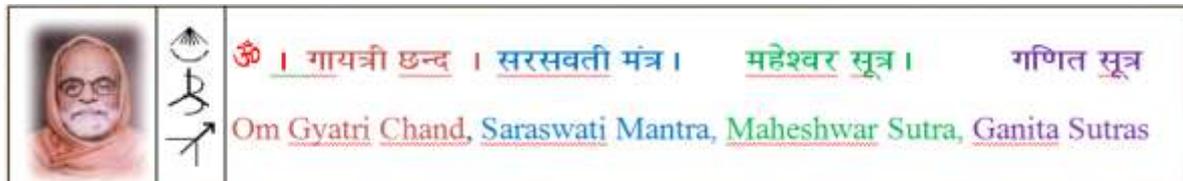
Sri – Om

VEDIC MATHEMATICS AWARENESS YEAR

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VMS & T Awareness course

(Duration: 1-8-2015 to 30-09-2015)

1. Formulation (मनस) 2. Existence within framed domains 3. Transcend deep sleep state of consciousness 4. Compactified physiologies 5. Transcendental self referral

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Transcending mind

1. Transcending mind is of 'transcendental self referral' format and features.
2. This format of transcendental self referral features is capable of transitions and transformations, firstly for four folds manifestation layers going parallel to five fold transcendence ranges.
3. And, secondly for five fold transcendence ranges going parallel to six fold self referral (6-space) formats.
4. One may have a pause here and take note that the base value basis of this format and features takes us to the startwith position as that:
 - (i) $1 + 2 + 3 + 4 = 0 + 1 + 2 + 3 + 4$, and
 - (ii) $1 + 2 + 3 + 4 + 5 = 0 + 1 + 2 + 3 + 4 + 5$.
 - (iii) The first phase transition and transformation from the base ($1 + 2 + 3 + 4 = 0 + 1 + 2 + 3 + 4$) takes us to : $6 + 7 + 8 + 9 = 4 + 5 + 6 + 7 + 8$.
- (iv) However the second phase and stage of transition takes us from the base value ($1 + 2 + 3 + 4 + 5 = 0 + 1 + 2 + 3 + 4 + 5$) to $7 + 8 + 9 + 10 + 11 = 5 + 6 + 7 + 8 + 9 + 10$
5. This two fold transition and transformation from four fold manifestation layer to six fold self referral format, deserve to be revisited for its full comprehension and imbibing of its values.
6. Brain as manifested format organ with transcendence therefrom amounts to creation of an intelligence field as 'mind'.
7. The further transcendence from the intelligence field to consciousness field is parallel to 'mind' transiting and transforming as 'transcending mind'
8. With this transition and transformation, mind transcends through intelligence field and transcending mind transcends through the consciousness field.

9. It is this feature of the transcending mind which with transcendence through the consciousness field makes it to be of 'transcendental self referral' format and features.
10. The transcendence through the consciousness field takes to the ultimate four folds support for existence within human frame.
11. This ultimate four fold support of existence within human frame is designated and is accepted as अंतःकरण 'antakaran'.
12. Four folds of अंतःकरण 'antakaran' are:
 (i) (मनस्) *Manas* / Mind, (ii) (बुद्धि) *Budhi* / intelligence, (iii) (चित्त) *Chit* / consciousness and (iv) (अहङ्कार) *Ahankar* / ego
13. One may have a pause here and take note that the above three quarters (i) (मनस्) *Manas* / Mind, (ii) (बुद्धि) *Budhi* / intelligence, (iii) (चित्त) *Chit* / consciousness integrate and transit and transform as the fourth quarter (iv) (अहङ्कार) *Ahankar* / ego.
14. Also the fourth quarter (iv) (अहङ्कार) *Ahankar* / ego, unfolds and expresses as three quarters, (i) (मनस्) *Manas* / Mind, (ii) (बुद्धि) *Budhi* / intelligence, (iii) (चित्त) *Chit* / consciousness.
15. One may further have a pause here and take note that this integration and unfolding format of fourth quarter of अंतःकरण Antakaran is parallel to the integration of three quarters square and manifesting whole square of all the four quarters squares.
16. And it also takes to square expressing itself as three quarter squares.
17. One may have a pause here and take note that the sole syllable Braham integrates and unfolds parallel to three letters (i) अ (ii) उ (iii) म् and (iv) ओउम्.
18. One may have a pause here and ermit the transcending mind chase its own integration and unfolding process along its 'transcendental self referral' format.
19. One may further have a pause here and take note that along this 'transcendental self referral' format of transcending mind shall be resulting into the transcendental carriers of 'Transcendental self referral' format to be taken over by अतिवाहक ब्रह्म् Ativahka Braham.

Blissful exercise

20. To sequentially chase manifestation phases and stages and transcendence therefrom as (i) Head (ii) Brain (iii) Mind (iv) Transcending mind (v) transcending mind transiting into 'transcendental self referral' format and finally 'vi' Ativahka Braham taking over the transcendental carriers of 'Transcendental self referral' format.

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06-08-2015

Dr. Sant Kumar Kapoor
(Ved Ratan)